

# Codes and Classifications

## 1 Absence from normal training or match play (in days)

Please provide an estimate of the number of days that the player will not be able to undertake normal training programme or will not be able to play.

0 = 0 days

1 = 1 day

2 = 2 days

7 = 1 week

14 = 2 weeks

21 = 3 weeks

28 = 4 weeks

> 30 = more than 4 weeks

> 180 = 6 months or more

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## For Injuries

### 2 Injured body part – Location of injury

#### Head and trunk

1 face (incl. eye, ear, nose)

2 head

3 neck/cervical spine

4 thoracic spine/upper back

5 sternum/ribs

6 lumbar spine/lower back

7 abdomen

8 pelvis/sacrum/buttock

#### Upper extremity

11 shoulder/clavicle

12 upper arm

13 elbow

14 forearm

15 wrist

16 hand

17 finger

18 thumb

#### Lower extremity

21 hip

22 groin

23 thigh

24 knee

25 lower leg

26 Achilles tendon

27 ankle

28 foot/toe

### 3 Type of injury – Diagnosis

1 concussion (regardless of loss of consciousness)

2 fracture (traumatic)

3 stress fracture (overuse)

4 other bone injuries

5 dislocation, subluxation

6 tendon rupture

7 ligamentous rupture

8 sprain (injury of joint and/or ligaments)

9 lesion of meniscus or cartilage

10 strain/muscle rupture/tear

11 contusion/haematoma/bruise

12 tendinosis/tendinopathy

13 arthritis/synovitis/bursitis

14 fasciitis/aponeurosis injury

15 impingement

16 laceration/abrasion/skin lesion

17 dental injury/broken tooth

18 nerve injury/spinal cord injury

19 muscle cramps or spasm

20 other

### 4 Cause of injury

1 overuse (gradual onset)

2 overuse (sudden onset)

7 hit by ball

3 non-contact trauma

4 recurrence of previous injury

8 hit by stick

5 contact with another player

6 foul play (overt & hidden fouls)

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## For Illnesses

### Diagnosis

Please provide the diagnosis in text and the ICD-10 code(s) listed on a separate page.

### 5 Main symptom(s)

1 fever

2 pain

3 diarrhoea, vomiting

4 dyspnoea, cough

5 palpitations

6 hyper-thermia

7 hypo-thermia

8 dehydration

9 syncope, collapse

10 anaphylaxis

11 lethargy, dizziness

12 other

### 6 Cause of illness / symptom(s)

1 pre-existing (e.g. asthma, allergy)

2 infection

3 exercise-induced

4 environmental

5 reaction to medication

6 other

### 7 Treatment(s)

1 NSAIDs (oral)

2 analgesics (oral)

3 antibiotics/antimicrobial drugs

4 antihistamines

5 cortico-steroids (oral/injection)

6 cortico-steroids (other applications)

7 beta-2-agonists

8 other respiratory drugs

9 anti-emetic drugs

10 anti-diarrhoea drugs

11 other intestinal drugs

12 other oral medication

13 other injections

14 rest

15 other

# ICD-10 Codes for Illnesses

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## Respiratory system

A1 Acute upper respiratory infections	A5 Allergic sinusitis	A9 Exercise induced bronchospasm
A2 Acute infective rhinitis	A6 Influenza	A10 Other acute lower respiratory tract infection
A3 Acute infective sinusitis	A7 Pneumonia	A11 Other disease of the respiratory tract
A4 Allergic rhinitis	A8 Asthma	

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## Ears and mastoid

B1 External ear infections	B3 Middle ear infections	B5 Inner ear disease
B2 Other external ear disease	B4 Other middle ear disease	B6 Other ear disease

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## Digestive system

C1 Diarrhoea and gastroenteritis (infective)	C4 Gastro-oesophageal reflux	C7 Hernia
C2 Diarrhoea and gastroenteritis (non-infective)	C5 Dyspepsia	C8 Liver disease
C3 Vomiting (no diarrhoea – non specific)	C6 Abdominal pain (non-specific)	C9 Other digestive system disease

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## Genito-urinary system

D1 Urethritis (infective)	D4 Prostatitis	D7 Proteinuria
D2 Cystitis (infective)	D5 Nephritis (infective)	D8 Hematuria
D3 Testicular disease (infective)	D6 Other genitor-urinary infection	D9 Other genito-urinary disease

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## Circulatory system

E1 Hypertension	E4 Pulmonary embolism	E7 Endocarditis
E2 Arrhythmia	E5 Pericarditis	E8 Peripheral vascular disease
E3 Ischaemic heart disease	E6 Myocarditis	E9 Other circulatory disease

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## Other infections and parasitic disease

F1 Other viral infections	F3 Other fungal infections	F5 Other infections
F2 Other bacterial infections	F4 Other parasitic infections	

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## Haematology and immune system

G1 Anaemia (iron deficiency)	G4 Bleeding disorder	G7 Other immune system disease
G2 Anaemia (other nutritional)	G5 Other hematological disease	
G3 Anaemia (other)	G6 Immune suppression	

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## Endocrine, nutritional and metabolic disease

H1 Thyroid gland disorder	H3 Hypoglycemia	H5 Other metabolic disease
H2 Diabetes mellitus	H4 Other endocrine disease	

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## Mental and behavioural disorders

I1 Depression	I3 Eating disorder	I5 Chronic fatigue
I2 Anxiety	I4 Sleep disorder	I6 Other mental or behavioral disorder

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## Nervous system disease

J1 Headache	J2 Epilepsy	J3 Other nervous system/muscle disease
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## Skin and subcutaneous tissue

K1 Viral skin infection	K4 Other skin infection	K7 Urticaria
K2 Bacterial skin infection	K5 Allergic dermatitis	K8 Sunburn
K3 Fungal skin infection	K6 Pruritis	K9 Other skin/subcutaneous diseases

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## Diseases of the eye and adnexa

L1 Blepharitis (eyelid inflammation)	L3 Conjunctivitis (allergic)	L5 Other inflammatory eye disease
L2 Conjunctivitis (infective)	L4 Keratitis	L6 Other eye disease

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## Specific medical conditions related to sports participation

M1 Hyperthermia (heat exhaustion)	M4 Collapse (post-exercise)	M7 Dehydration
M2 Hyperthermia (heat stroke)	M5 Collapse (during exercise)	M8 Other medical condition with exercise
M3 Hypothermia	M6 Muscle cramping (EAMC)	